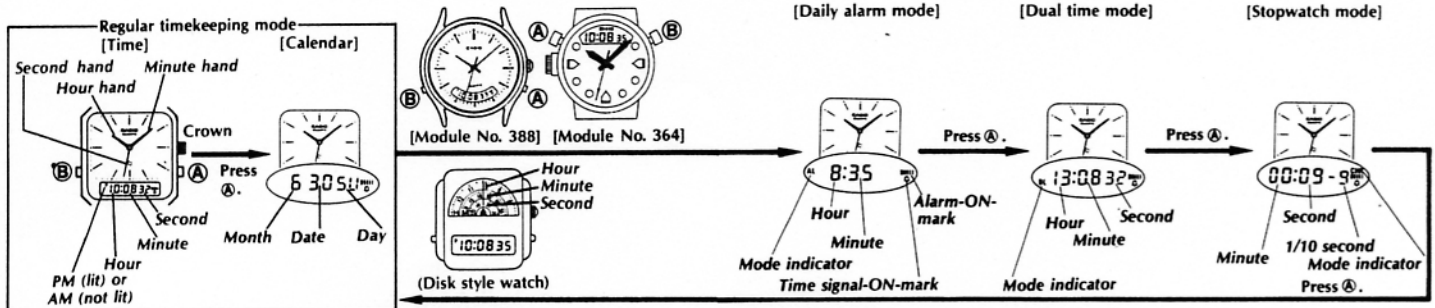
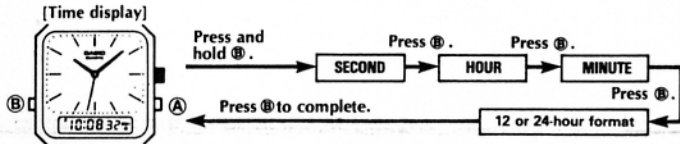


READING THE DISPLAY



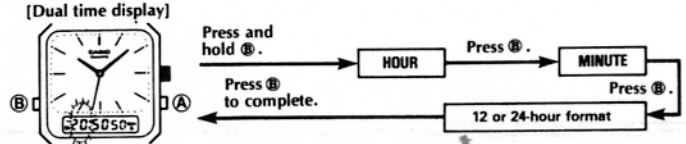
SU: Sunday MO: Monday TU: Tuesday WE: Wednesday TH: Thursday FR: Friday
SA: Saturday

SETTING DIGITAL TIME



- 1) Press and hold B in the time display to set time.
 - 2) Press A on a time signal to correct seconds.
 - 3) Press A to shift flashing digit(s). The digit(s) to be changed will flash.
 - 4) Each press of A increments the digit by one. Keep pressed to move at a high speed.
- * In the case of 12/24-hour selection, each press of B switches the display between 12-hour and 24-hour format alternately.
- (Auto-retrieve function)
If no button is pressed for a few minutes, the display automatically returns to the regular timekeeping mode.
- 5) Press B to complete.

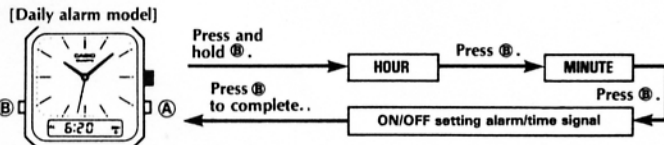
SETTING DUAL TIME



- 1) Press and hold B in the dual time display to set time.
 - 2) Each press of A increments the digit by one. Keep pressed to move at a high speed.
 - 3) Press A to shift flashing digit(s). The digit(s) to be changed will flash.
- * In the case of 12/24-hour selection, each press of B switches the display between 12-hour and 24-hour format alternately.
- (Auto-retrieve function)
If no button is pressed for 2 to 3 minutes, the display automatically returns to the regular timekeeping mode display.
- 4) Press B to complete.

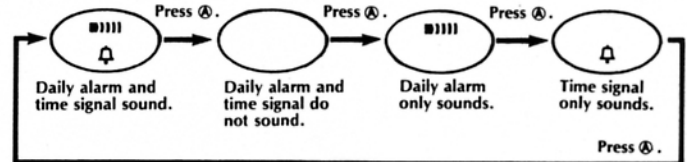
SETTING DAILY ALARM

If the daily alarm is set the beeper sounds for 20 seconds at the preset time every day until cleared. To stop the beeper while sounding, press the B button. If the time signal is set, the alarm sounds every hour on the hour.



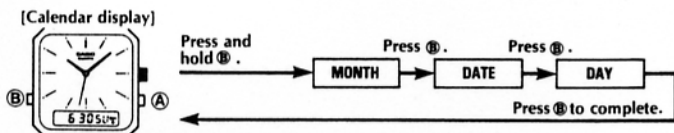
- 1) Press and hold B in the daily alarm mode to set time.
 - 2) Each press of A increments the digit by one. Keep pressed to move at a high speed.
 - 3) Press A to shift flashing digit(s). The digit(s) to be changed will flash.
- * In the case of daily alarm time-signal on or off setting, the display changes as shown right with every press of A.

[ON or OFF setting of daily alarm and time signal]



- (Auto-retrieve function)
If no button is pressed for 2 to 3 minutes in the daily alarm setting mode, the display automatically returns to the initial daily alarm mode display.
- 4) Press B to complete.
- * When the watch is in the 24-hour system the alarm time is also displayed in the 24-hour system.

SETTING CALENDAR



- 1) Press and hold B in the calendar display to set calendar.
- 2) Each press of A increments the digit by one. Keep pressed to move at a high speed.
- 3) Press A to shift flashing digit(s). The digit(s) to be changed will flash.
- 4) Press B to complete.

SETTING ANALOG TIME

- 1) When the second hand is at 12 o'clock position, stop the second hand by pulling the crown out.
 - 2) Set the hands by turning the crown.
 - 3) Press the crown in on a time signal.
- A gain or loss of one second or less may result from properties of mechanical parts.

STOPWATCH OPERATION



- Press B to start or stop.
Press and hold B to reset.
A signal confirms start/stop operation.
(Working range) The stopwatch display is limited to 59 minutes 59.9 seconds (59 minutes 59.99 seconds—Module No. 388), for longer times reset and started again.